

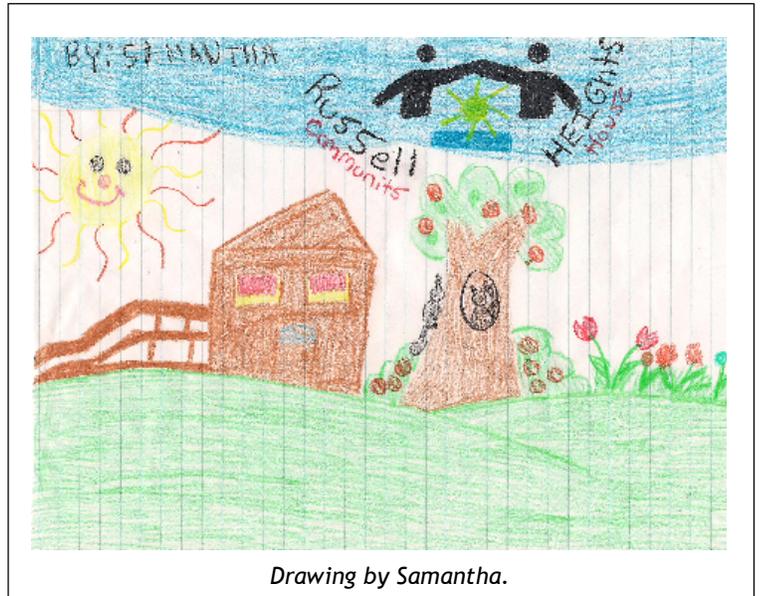
RUSSELL HEIGHTS COMMUNITY NEWSPAPER

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HOORAY! RUSSELL HEIGHTS FIRST NEWSPAPER!

Russell Heights has started their first newspaper ever! They will be publishing this newspaper once a month. We have a hard working team that has helped to bring this project to life. A special thanks to Jessica, Samantha, Alex, Faduma, Anne-Marie, Miranda, Baileigh, Huda, Trevor, and Katherine. The staff at Russell Heights would love feedback on the first issue! Contact Jennifer or Catina during the Homework Club, Monday to Thursday, 3pm to 5pm.

For anyone interested in contributing or helping out with the newspaper please contact any staff member!



Drawing by Samantha.

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RUSSELL HEIGHTS
COMMUNITY HOUSE

POETRY

Friends

Friends come and go but good friends stay for life!
 Friends don't bully, don't pick on each other.
 They help are there when you need them.
 People to turn to when your down.
 Someone to turn your frown upside down.
 Good friends have been there for you good times
 or bad
 Someone to trust to care,
 Just someone that's always there!

By: Jessica

Boredom

Nothing to do, nothing to say
 Can't see it, can't hear it, can't smell it,
 touch it, taste it
 What's the use?
 What's the meaning?

Boredom

By: Jessica

FOOTBALL HISTORY



Football has been played in North America since the 1600s. Early games were very different from football we play today. By 1869, though the first modern college game was held. It took place in New Brunswick, New Jersey, and the game was between Princeton University and Rutgers University. Within a few years, games were played on a regular basis between many colleges. Professional football followed quickly. In 1895, a team from Latrobe, Pennsylvania beat one from Jeannette, 12-0. By the early 1900s professional teams from many different states and cities were playing against each other for the championship.

By: Alex



I'm a person too

I am not as big as you
 But I'm a person too.
 So treat me with respect
 And that's how I'll treat you.

CHRISTIE LAKE KIDS

Christie Lake Kids was started in 1922, by a judge who noticed that a lot of the kids came from poor backgrounds and communities. So in 1922 they introduced Christie lake camp.

Christie Lake also has S.T.A.R, which stands for skills through activities and recreation. I myself Samantha Nicholls have been going to camp for one year this is going to be my second summer. I've been going to star since I was 7 years old, now I'm eleven. There are a lot of cool and fun programs you can join. My favourites are pottery, Rockers, yoga, and karate. So if you know someone who wants to join in star or camp tell them to get in touch with CHRISTIE LAKE KIDS!



By: Samantha

THE THREE RADICAL R'S!

The three radical R's *reduce, reuse, recycle*.

Reduce - Instead of buying juice boxes or Kool-aids buy reusable water bottles to reduce garbage.

Reuse - use again, you could use the recycling for crafts, maybe for a school project.

Recycle - If those options are not possible... Recycle!
You can put cans, plastic, and glass in the Grey Bin.
You can also put paper and cardboard in the Yellow Bin.



REMEMBER...
GO RADICAL R'S!

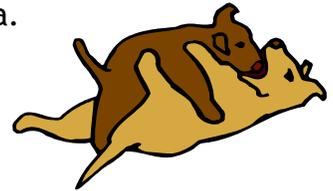
By: Jessica_

“WHY COMPARE YOURSELF WITH OTHERS? NO ONE IN THE ENTIRE
WORLD CAN DO A BETTER JOB OF BEING YOU THAN YOU”

TO THE RESCUE!

Once upon a time there was a little puppy named Mocha who was riding a train to Africa. But well he was riding the train he finally noticed that his X-BEST FRIEND named Raydex was on the same train as him. Mocha said: "you don't belong on this train!" Raydex responded: "You don't either! Want to fight!" Mocha yelled: Bring it!" The first one to get knocked off the train loses. So they started a fight but they need to sort things out together so they stopped the fight. Mocha and Raydex said together: "We are BFF's again!" All of a sudden the train started to go a lot faster and Mocha and Raydex fell of the train and the reason that the train was going is because there was another train coming so when they fell off they started crying for rescue. Then super man went flying to the rescue and dropped them off in Africa. The End!!

By: Anne-Marie



THE GOOD AND BAD WITCH

Once upon a time there was a witch and the witch had a sister and her sister was so evil and she was not evil. She was very kind. She grew up. When she was 24 years old she had twins named Emma and Noah. Then the twins were 7 years old. In a house in the woods they were playing outside when Noah threw a soccer ball in the path and his mom was in the cottage cooking food for lunch. Emma ran towards the ball and Noah ran to it as well. Emma said "Oh my gosh!" Noah said "Oh my!" The place was so, so, so, so, so cold. The soccer ball went to her front door and the ball hit the door. The witch came outside the door and they ran as fast as they could to their mom. They asked their mom: "Mom what is the place?" "What place?" asked their mom. "The cottage" replied Emma and Noah. Their mom said "Oh no!" Emma and Noah ran with their mom and her sister named Ally. She said "I knew you were coming. Jojo (the mother's name) you are not to say my name any more. Then Ally saw the necklace and she flew to her kids and Jojo. She took her necklace and put her sister Ally in jail.

By: Faduma



"Never be bullied into silence. Never allow yourself to be made a victim. Accept no one's definition of your life; define yourself."

HOMWORK CLUB

Snack time is from 3 - 4pm

You can receive points by: completing homework, helping others, good behaviour, attendance, having and showing your agenda, organization.

There are prizes handed out to the top five point receivers every other Thursday

Rules you need to know:

We walk in the community house.

We are kind and helpful to others.

We will use appropriate noise levels in the homework room and around the community house.

We will settle down to work quickly and quietly.

We will listen when Jennifer, Catina or the volunteers are speaking.

We will tidy up the homework room.

Bv: Anne-Marie



GIRLS NIGHT OUT

Girls night is from 4:00pm - 7:00pm for ages 11 - 13. We go swimming, on lots of field trips, and watch movies. Every Friday!

Bv: Miranda



ASK SHIRLEY

For this column we need people to send in questions. The box will be at homework club, open Mon. - Fri. And in our column we will answer any of your questions. Please sign the questions under a fake name, like Banana Shakes, Troubled Snoopy and so on. You can make up any name you want.

Signed: Shirley



Mistakes can be good

They can help you grow

They can show you what you need to know

So whenever you make a mistake,
Just say, "Now I'll try another way"

BANANA POPS

Ingredients:

- Bananas (1 banana = 2 banana pops)

Materials:

-Plate

-Popsicle - sticks

Steps:

1. Peel the banana(s)
2. Cut the bananas in half
3. Poke the popsicle - sticks in one side of each half of the banana
4. Place banana pops on plate
5. Place the plate in the freezer and let chill for 2 - 3 hours.
6. ENJOY!



By: Anne-Marie

TAKE THE QUIZ

Level 1:

How many corners does a cube have?

Level 2:

The Missouri is a tributary of which river?

Level 3:

When does Lent end?

Level 4:

What happens if iron and steel are left exposed to air and moisture?

Come to Miranda at homework club with your answers!

By: Miranda



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We're on the Web!
See us at: russellheights.ca